



ISM/PRN/032/2021-22

16th May 2021

CIRCULAR TO PARENTS OF THE SCHOOL (STD I to IV)

How to Help Students from Screen Time

Dear Parents,

We are pleased to inform you that the counselling department will be conducting an online session exclusively for students on '**How to help students from screen time**'. The session will impart information on effective utilization of online classes, points to deal with the fatigue arising out of excessive and Covid-19 pandemic imposed screen time usage and tips to overcome gaming addiction.

The session is scheduled as follows,

Class III	Tuesday, 18th May 2021	5.30 p.m. to 6.30 p.m.
Class IV	Tuesday, 18th May 2021	7.00 p.m. to 8.00 p.m.
Class I	Wednesday, 19th May 2021	5.30 p.m. to 6.30 p.m.
Class II	Wednesday, 19th May 2021	7.00 p.m. to 8.00 p.m.

Sessions will be conducted on the Zoom Platform and meeting link will be shared with you in your class groups on the day of the session. All students are requested to make use of this session to overcome any difficulties arising out of the excessive use of screen time.

With Best Wishes,



Dr Rajeev Kumar Chauhan
Principal